

Theme - Health is Wealth

Sub Theme- Early intervention to promote overall well-being.

Date - 5th November 2024

Programme - " Mother and Child " enhancing mental health and Nutritional status of pregnant mothers.

This programme was organised by Lions Club of Avissawella together with Urban Council of Seethawakapura with a view to educate 25 pregnant mothers on above subject and distribute nutritional food parcels.

Dr. Rajika Arampola Senior Registrar in Psychiatry of Institute of Mental Health, New Town, Mulleriyawa delivered the lecture and Lion Lady Dr. Mrs. Dammika Alwis, former director of Institute of Mental Health also took part in programme.

Impact of the programme - Mothers who participated in this programme are from rural villages and they subsequently will become catalysts in the rural society.

Furthermore, this particular subject is not normally discussed frequently in health programmes. And also this subject is always neglected due to unawareness of the importance of Mental Health of a mother during pregnancy. Therefore, this programme is very relevant to today's context.





[illegible]



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කොළඹ 27, උත්තරාන

036 9865438



Name: කිංකර්ණ

Date: 2024/11/05

Qty	Description	@	Rs.	Cts.
4	බර් කේන්	1100	4400	00
4	කෙසේ	180	720	00
2	ලොකර් බිත්තර	450	900	00
25	ගේල්ස්	125	4375	00
40	කර් කේ	110	4400	00

Sanya Francy House

Kudagama Road, Avissawella - 036 5587325

Name: Lions Club

Date: 2024/11/05

Qty	Description	@	Rs.	Cts.
25	Baby Bacin	1650	41250	00
25	Cot sheet	1050	26250	00
25	Baby Net	1150	28750	00
25	Baby Bag	1250	31250	00
		<div>127500/2</div>		
Total			127500	00