



## Project Report: Diabetes Screening Project at Kalukele Town Areas, Polonnaruwa District.

Date: 07th July 2024 (Sunday)

Organized by: Lions Club of Polonnaruwa MAF

### 1. Introduction.

The Lions Club of Polonnaruwa MAF successfully organized a Diabetes Screening Project at Kalukele town areas in the Polonnaruwa district on 07th July 2024. This project aimed to identify diabetes and other health-related issues among the community and provide early intervention.

### 2. Objectives.

- To offer free diabetes screening and health consultations.
- To raise awareness about diabetes management and prevention.
- To offer vision screening as an additional benefit for community members.

### 3. Project Details.

- Total number of screeners/beneficiaries: 308
  - Total cholesterol screening: 308
  - Fasting blood sugar tests: 308
  - Vision clinic screenings: 158

### 4. Budget and Expenses.

- Total project cost: Rs. 319,000/=
- Cost per person: Rs. 940/=

#### Other Expenses:

1. Syringes: Rs. 3,696/=
2. Stationery: Rs. 2,500/=
3. Chairs and hut setup: Rs. 4,000/=
4. Snacks: Rs. 5,000/=
5. Transport: Rs. 10,000/=
6. Vision clinic transport: Rs. 5,000/=

#### 5. Beneficiaries.

- Direct beneficiaries (direct): 308
- Indirect beneficiaries: 1,232

#### 6. Outcomes and Impact.

- The project provided valuable health insights to over 308 individuals, who underwent screening for diabetes and cholesterol levels.
- A total of 158 people also benefitted from the vision clinic, offering them free eye check-ups and potential referrals for further treatment.
- This project significantly helped in spreading awareness of diabetes and promoting healthier lifestyles in the local community.

#### 7. Club Image Building.

The project also contributed to enhancing the Lions Club of Polonnaruwa MAF's image in the local area, fostering a sense of trust and reliability for the Lions' efforts to support community health.

## 8. Conclusion.

The Diabetes Screening Project was a resounding success, benefiting a significant number of direct and indirect beneficiaries. The financial resources were well-utilized, and the Lions Club of Polonnaruwa MAF made a strong positive impact on the Kalukele community.

This initiative not only addressed the immediate healthcare needs but also strengthened the Lions Club's role as a key player in community welfare.

## 9. Funds by:

Lions Club of Polonnaruwa MAF

10. Doctors and the medical staffs from the Government and the Public were participated in the project.

