

PROJECT REPORT

Diabetes Screening Health Camp – Kadawatha

Organized by: Lions Club of Colombo Royalty

District: Lions International District 306 C1

Date: August 24, 2024

Venue: Kadawatha Jogging Track

1. Introduction

In alignment with its mission to promote community health and wellbeing, the **Lions Club of Colombo Royalty** conducted a **free diabetes screening health camp** on **August 24, 2024**, at the Kadawatha jogging track. This initiative focused on **raising awareness about Type 2 diabetes** and offering **free medical screenings** to the general public.

2. Objective

The key objectives of this health initiative were to:

- **Raise awareness** of the risks and early symptoms of Type 2 diabetes.
- **Provide free screening** services to underserved communities.
- **Identify individuals at risk** and guide them toward early intervention and treatment.

3. Event Overview

- **Location:** Kadawatha Jogging Track
- **Date & Time:** August 24, 2024 | 6:00 AM – 12:00 Noon
- **Participants:** 125 members of the public
- **Support Partner:** Medical team from General Hospital, Gampaha & Center for Diabetes Colombo
- **Services Provided:**
 - Blood sugar screening
 - On-site medical consultations
 - Health education on diabetes prevention

A medical officer and a team of qualified nurses from the **General Hospital, Gampaha**, played a vital role in the execution of the screening and consultations.

4. Outcomes

- **Total Screened:** 125 individuals
- **High-Risk Identified:** 50 individuals (40%)
- **Immediate Consultations:** Provided by on-site doctor

- **Referrals:** High-risk individuals were referred to the **government diabetes clinic at General Hospital, Gampaha** for further evaluation and treatment.

These results underscored the **urgent need for regular community screenings**, especially given the high prevalence of undiagnosed and uncontrolled diabetes in the general population.

5. Community Impact

The camp provided a critical opportunity for early detection of diabetes and empowered participants to take control of their health. The event:

- Bridged the healthcare accessibility gap for many individuals.
- Increased awareness about diabetes prevention and lifestyle management.
- Strengthened community engagement in proactive health initiatives.

6. Acknowledgments

The Lions Club of Colombo Royalty extends sincere appreciation to:

- The **medical team from General Hospital, Gampaha**, for their professional support and dedication.
- All **volunteers and members** of the Lions Club who contributed their time and effort.
- The **participants** who trusted and engaged with the program to better their health.

7. Conclusion

This health camp serves as a testament to the Lions Club of Colombo Royalty's **unwavering commitment to public health and preventative care**. With continued initiatives like this, the Club aims to build a healthier, more informed society. The success of the event reinforces the value of community-based healthcare solutions and encourages similar projects in the future.

8. Recommendations & Future Plans

- Conduct similar screenings in other high-density public areas.
- Incorporate blood pressure and cholesterol checks in future camps.
- Establish a follow-up mechanism to support referred patients.
- Collaborate with local government and health departments for expanded reach.

DIABETES SCREENING & AWARENESS PROJECT

Lions Club of Colombo Royalty

Date 24th of August 2024
Place Jogging Track - Kadawatha

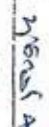
Index	Name	Contact Number	Address	Signature
01	H.G. Asitha	0112920940	509/1, Aldeniya, Kodawatha.	
02	Tecle roshan	" "	" "	
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04	Shamal Kumarasinha	0106304219	415/5aabada, Uthura.	
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08	D.A. Sumantha	0152493530	527 Aldeniya, Kodawatha.	
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17	Anura Werasingha.	011462504	10/b E Tikalagama, Kadevathle	
18	Sunil Jayarathna.	0171054064.	650/2 Bandarawaththa, Kodawatha.	
19	Prisookha Rudasingha.	0116525600	07/1 Chala Ebulgada.	
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21	K.G. Werasingha.	0150943240	554/23, A Aldeniya.	

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Index	Name	Contact Number	Address	Signature
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33	Irachun.	0143262143.	25/1, Weelama, Gampaha.	
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Index	Name	Contact Number	Address	Signature
42	Udaya deodanage	0775998664	541/1 A Walakera, Kadawatha	
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43	T.P.S Chandina	0771380906	" " "	
46	Guranga Sarwanthekera	0777311064	134/2 Palahalaibugoda	
47	Guseena Damsanthi	0774797652	56 Girisissa Pata, Pallisadda	
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55	Sosil Kamara	0775973843	61/2 Gonakena	
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59	Ganera	0775257887	599 Aldenisa, Kadawatha	
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91	D.M. Andrew		410/103, Kimalawala	
92	Suwasiripala Perera		522/118, Eldeniya, Kadawatha	
93	Denka		503/2, Tarama Maw, Eldeniya	
94	U.P. P. Panawara		533/21, Tarama Maw, Eldeniya	
95	Pawan Senevirathna		343/3, Rajala Maw, Kadawatha	
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97	Prasanna Arasingh		1557D, Welimbura, Kadawatha	
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99	Rubudh Perera		174, Gussanawala, Kadawatha	
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