

Project Report

Project Title:

Dry Ration Distribution – Region 3 Project Day

Date:

202.11.09

Location:

St. Anne's College Premises, Kurana

Organized by:

Region 3 Coordinators

1. Introduction

As part of the Region 3 Project Day, a special community outreach initiative was conducted at St. Anne's College in Kurana. This event aimed to provide support to underprivileged families in the local area by distributing dry ration packs. The initiative reflected the values of empathy, social responsibility, and community spirit, aligning with the overarching goal of uplifting lives through collaborative efforts.

2. Objectives

- To support low-income families in the Kurana area with essential food items.
- To create awareness within the community about social equity and collective responsibility.
- To promote volunteerism and compassionate engagement among participants and organizers.

3. Beneficiaries

Four (4) low-income families residing in the Kurana area were identified and selected to receive dry ration packs based on financial need and household vulnerability.

4. Distribution Details

Each family received a dry ration pack valued at LKR 4,000, consisting of the following items:

- 5 kg Rice
- 500 g Big Onions
- 500 g Chickpeas (Kadala)
- 250 g Soya Meat
- 1 kg Salt

- 1 Tin of Salmon
- 100 g Dry Fish
- 250 g Chili Powder
- 250 g Chili Flakes
- 1 kg Dhal
- 1 kg Sugar
- 250 g Tea Leaves
- 1 kg Samaposha
- 250 g Curry Powder
- 1 kg Potatoes

The selection of items was made to ensure nutritional value and practical household use.

5. Execution

The event was successfully held within the premises of St. Anne's College, Kurana. Volunteers and organizers ensured a smooth and dignified distribution process, maintaining respect and consideration for the privacy and well-being of the beneficiary families.

6. Impact

The project had a positive impact on the selected families, helping them meet their basic food requirements and easing the burden of daily expenses. It also reinforced the importance of compassion-driven action among the youth and community members involved in organizing the event.

7. Conclusion

The dry ration distribution initiative under Region 3 Project Day served as a successful model of grassroots community support. It not only provided immediate relief to families in need but also fostered a spirit of unity and social awareness. Future projects of similar nature are encouraged to sustain and expand this impact.

8. Acknowledgments

Special thanks to:

- Region 3 organizers and volunteers
- Donors and supporters of Colombo Royalty who made this effort possible
- All participants who contributed time and energy toward the success of this initiative