

Project Report

Distribution of Sanitary Essentials and Undergarments

Date: 30th August 2024

Location: Somadevi Balika Vidyalaya, Kotikawaththa

Organized by: Lions Club of Colombo Royalty

District: Lions International District 306 C1

1. Project Overview

The Lions Club of Colombo Royalty undertook a community service project focused on the **Distribution of Sanitary Essentials and Undergarments** to support the health and well-being of schoolgirls in need. This initiative took place at **Somadevi Balika Vidyalaya, Kotikawaththa**, on **30th August 2024**, aiming to empower young girls through improved personal hygiene and reduced financial burden on their families.

2. Objectives

- To enhance the personal hygiene and self-confidence of school-going girls.
- To ease the financial burden on families by providing essential sanitary items.
- To create awareness around menstrual hygiene and the importance of basic undergarments in adolescent health.

3. Beneficiaries

- **Target Group:** 200 schoolgirls from underprivileged backgrounds
- **School:** Somadevi Balika Vidyalaya, Kotikawaththa

These students were carefully selected in coordination with the school administration to ensure the aid reached those most in need.

4. Items Distributed

Each beneficiary received a specially prepared hygiene care packet containing:

- 6 Under Vests
- 6 Undergarments
- 6 Packs of Socks
- 10 Packs of Sanitary Napkins

Value per Packet: LKR 3,000

In total, the distribution included:

- **600 Under Garments** – LKR 570,000
- **600 Sanitary Napkin Packs** – LKR 159,000

5. Total Project Cost

- **Total Estimated Project Cost: LKR 729,000**

This cost covered the procurement, packaging, and distribution of all sanitary and clothing items provided to the students.

6. Key Personnel

- **Project Chairperson:** *Lion Sadiq Hasan*
- **Chief Guest:** *Lion Limali Jinadasa*, Patron of Lions International District 306 C1

Their leadership and involvement played a pivotal role in organizing and executing the project successfully.

7. Project Execution

The project was implemented on-site at Somadevi Balika Vidyalaya with full coordination from the school authorities. A brief awareness session on menstrual hygiene was also held, followed by the formal distribution of the packets. The event was attended by club members, school staff, students, and special guests.

8. Impact and Community Response

The distribution:

- Improved access to essential sanitary and hygiene products for 200 girls.
- Provided comfort and dignity through basic underclothing.
- Alleviated economic pressure on parents by supplying high-quality, recurring-use items.
- Strengthened the Lions Club's role in addressing community health needs.

Feedback from the students and staff was overwhelmingly positive, with appreciation expressed for the thoughtful and practical support provided.

9. Conclusion

The successful execution of the **Distribution of Sanitary Essentials and Undergarments Project** is a testament to the Lions Club of Colombo Royalty's commitment to meaningful, community-centered service. By directly addressing a pressing need, this initiative made a significant contribution to the physical and emotional well-being of the beneficiaries, laying the groundwork for future projects of similar impact.

10. Acknowledgments

The Lions Club of Colombo Royalty extends heartfelt gratitude to:

- **Somadevi Balika Vidyalaya** staff and administration
- All donors and sponsors who supported the project
- Club members and volunteers for their dedicated efforts
- Chief Guest *Lion Limali Jinadasa* for her continued patronage
- Project Chairperson *Lion Sadiq Hasan* for his leadership