

# Project Report

## Distribution of Sanitary Essentials and Undergarments

**Date:** 30th August 2024

**Location:** Somadevi Balika Vidyalaya, Kotikawaththa

**Organized by:** Lions Club of Colombo Royalty

**District:** Lions International District 306 C1

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## 1. Project Overview

The Lions Club of Colombo Royalty undertook a community service project focused on the **Distribution of Sanitary Essentials and Undergarments** to support the health and well-being of schoolgirls in need. This initiative took place at **Somadevi Balika Vidyalaya, Kotikawaththa**, on **30th August 2024**, aiming to empower young girls through improved personal hygiene and reduced financial burden on their families.

## 2. Objectives

- To enhance the personal hygiene and self-confidence of school-going girls.
- To ease the financial burden on families by providing essential sanitary items.
- To create awareness around menstrual hygiene and the importance of basic undergarments in adolescent health.

## 3. Beneficiaries

- **Target Group:** 200 schoolgirls from underprivileged backgrounds
- **School:** Somadevi Balika Vidyalaya, Kotikawaththa

These students were carefully selected in coordination with the school administration to ensure the aid reached those most in need.

## 4. Items Distributed

Each beneficiary received a specially prepared hygiene care packet containing:

- 6 Under Vests
- 6 Undergarments
- 6 Packs of Socks
- 10 Packs of Sanitary Napkins

**Value per Packet:** LKR 3,000

In total, the distribution included:

- **600 Under Garments** – LKR 570,000
- **600 Sanitary Napkin Packs** – LKR 159,000

## 5. Total Project Cost

- **Total Estimated Project Cost: LKR 729,000**

This cost covered the procurement, packaging, and distribution of all sanitary and clothing items provided to the students.

## 6. Key Personnel

- **Project Chairperson:** *Lion Sadiq Hasan*
- **Chief Guest:** *Lion Limali Jinadasa*, Patron of Lions International District 306 C1

Their leadership and involvement played a pivotal role in organizing and executing the project successfully.

## 7. Project Execution

The project was implemented on-site at Somadevi Balika Vidyalaya with full coordination from the school authorities. A brief awareness session on menstrual hygiene was also held, followed by the formal distribution of the packets. The event was attended by club members, school staff, students, and special guests.

## 8. Impact and Community Response

The distribution:

- Improved access to essential sanitary and hygiene products for 200 girls.
- Provided comfort and dignity through basic underclothing.
- Alleviated economic pressure on parents by supplying high-quality, recurring-use items.
- Strengthened the Lions Club's role in addressing community health needs.

Feedback from the students and staff was overwhelmingly positive, with appreciation expressed for the thoughtful and practical support provided.

## 9. Conclusion

The successful execution of the **Distribution of Sanitary Essentials and Undergarments Project** is a testament to the Lions Club of Colombo Royalty's commitment to meaningful, community-centered service. By directly addressing a pressing need, this initiative made a significant contribution to the physical and emotional well-being of the beneficiaries, laying the groundwork for future projects of similar impact.

## 10. Acknowledgments

The Lions Club of Colombo Royalty extends heartfelt gratitude to:

- **Somadevi Balika Vidyalaya** staff and administration
- All donors and sponsors who supported the project
- Club members and volunteers for their dedicated efforts
- Chief Guest *Lion Limali Jinadasa* for her continued patronage
- Project Chairperson *Lion Sadiq Hasan* for his leadership