

Project Report



Save a Life, Protect Health

Multi Service Project

Lions Club of Gothatuwa DLeoz



Project Report

Project Title	- Save a Life, Protect Health – Multi Service Project
Date of the Project	- 04 February 2025
Project Chairperson	- Lion Buddhini Perera MJF
Project Type	- Multi-Service Project
Value of the Project	- Rs. 500,130 /-
No. of Beneficiaries	– Direct – 500 Indirect – 1000

Project Description

Health is Wealth. This is a very important lesson we learned in our studies since young age. So as Lions, we were in need to do a project which could benefit the society and its people. The Club President volunteered for to take the initiative and be the project chairman, as she had always dreamt of doing such service. With the District Governors signature project, 'Sinha Saviya' it became easy for the Club to organize the Dental and Eye check-up using the Mobile Units.

This project aims to improve public health and access to essential medical services across Sri Lanka through the establishment of Blood Donation Drives, Eye Clinics, and Dental Clinics. Focused on underserved communities, the initiative provides critical support to the national healthcare system and raises awareness about preventive care.

The Blood Donation Program supports hospitals and emergency services. The Eye Clinic offers free vision screening, eye testing, and the distribution of spectacles—especially for school children, elderly citizens, and low-income families. The Dental Clinic provides free oral health screenings, basic treatments, and hygiene education to reduce the prevalence of dental diseases.

By combining these three healthcare services into one community-centered initiative, we organized an diabetes awareness campaign to the participants. The project ensures a holistic approach to health and well-being, targeting early detection, prevention, and public awareness. It also promotes volunteerism, community participation, and long-term health sustainability for the youth and also for the elderly population in Sri Lanka.

To gather more crowd to this cause, Lions of DLeoz welcomed the Kohilawaththa Welfare Society members. This led to a more widened, well organized and super effective project.

This project was broadcasted through prominent Media channels in Sri Lanka and advertised through social media. We managed to use Banners in the main streets to increase awareness.

Phase 1 (Vision Screening and Low-Vision Rehabilitation through Mobile Unit) :-

We used the Mobile Units of the District to evaluate the Eye sight of more than 200 participants and distributed spectacles after a diagnosis of the relevant doctors. The underprivileged people who were not able to afford to buy spectacles were happy to receive free Spectacles after a free intensive modernized clinical screening.

Phase 2 (Dental Care through Mobile Unit) :-

Many people do not pay attention to their Dental care. Specially the underprivileged families. Even there are free Dental Clinics and hospitals run by the government, most of the population hesitate to visit due to the long ques. Using our Mobile Units of the District, we took the Dental Care Clinic to the people where they had the chance to get a free check-up without hazzle. The professional doctors and the crew took a major care of the people of the area.

Phase 3 (Blood Donation Campaign) :-

With the help of the Kohilawaththa Welfare Society, we invited the Sri Jayawardhanapura hospital Blood Unit to join with us in the Blood Donation Campaign. Accepting our invitation, Doctors, Nurses and other helpers came to Kohilawaththa Temple with their equipment. Special Thanks to the Hospital crew who took utter good care of the donors. By the end of the campaign the doctors mentioned to the Lions of DLeoz, that they were able to collect more than 140+ units of Blood and it's the most they had collected in a single campaign.

As the international standard of one unit of blood could save 3 lives, we as Lions are more than proud hope that more than 400 lives could be saved because of this valuable project.

Phase 4 (Any other hunger relief related project) :-

In correspondence to the Blood Donation Campaign, we organized a meal distribution to the donors. Distributed a Vege Sandwich, Cutlet, Piece of Cake, Banana & Milk Packet to each donor. Addition to that a 1 Liter of Fresh Milk Packet was distributed among them. Another table of Milk Rice, Cake, Sandwich & Banana was prepared for the invitees, doctors, nurses, helpers and etc.

Phase 5 (Any other Diabetes prevention related project) :-

At the organizing stage of the project, we expected that the majority of the people who would be coming to our medical campaign would be elderly community (35+ years old). So, we executed a Diabetes awareness campaign to educate the crowd. Distributed a leaflet with the diagnosis and prevention steps.

Phase 6 (Educating Parents of School Children about child Cancer, Symptoms and how to cure) :-

Lions Club of Gothathuwa DLeoz organized and executed a Child Cancer awareness program for the people who came for the campaign. We noticed the most of the crowd is parents with children of school age, so it was a perfect time to execute such awareness. We distributed leaflets containing key details about Child Cancer.

Cost of the Project

Description		2025
		February
Income		
Lion Buddhini Perera MJF		483,805.00
Lion Kanchuka Punarjith MAF		15,325.00
Lion Osala Vishwajith		1,000.00
Total Income		500,130.00
Expenses		
Mobile Units Booking – L/C International 306 C 1		65,000
Total Cost for Dental Mobile Unit	16,500	
Total Cost for Vision Mobile Unit	48,500	
ST Food Distributors – Fresh Milk Full Cream 1 Liter		115,500
ST Food – Invoice 72030	57,750	
ST Food – Invoice 72031	57,750	
Tasty Caters – Food & Drinks		121,630
Milk Rice with Onion Sambol	15,400	
Butter Cake 2 kg	2,850	
Banana 1 kg	1,500	
Egg Sandwich	29,400	
Paper Plates	300	
Tissues packets	150	
Lunch Packets	45,500	
Delivery Cost	880	
Chathuma Creations – Design and Printouts		169,900
Banner Design Cost	3,000	
5ft x 3 ft Flex with Side Pockets	55,000	
Token Design Cost (3 styles)	3,000	
Token Printouts	2,000	
Diabetics A4 leaflet	3,000	
Vision A4 Leaflet	3,000	
A4 Leaflet printouts x 2 sides	88,000	
Canopy Tent	12,000	
Total Indirect Expences		29,000
Good will Gesture – Dental mobile Unit	14,500	
Good will Gesture – Vision mobile Unit	14,500	
Total Expenses		500,130.00

Bills

Mobile Units Booking

NOTE : -

(1) Kindly deposit above amount to the following District Account

Account Name	: Lions Club International District 306C1
Bank	: Commercial Bank
Branch	: City Branch
Account No	: 1020024191

(2) The mobile unit cost must be deposited 7 days before the Project Date and confirmed.

(3) Please send (WhatsApp) the Deposit details to Lion Umesh (0773928660)

(4) If the Project is Canceled or Postponed, immediately inform Lion Umesh (0773928660) to make necessary arrangements with the Doctors, Opticians, Helpers, and Drivers.

Region	Region 2B	Zone	Zone-1
Club	LC Gotthefuwa Deepz	Project Date	04 th February 2025
Venue	Ganagathilaka Temple- Kotikawatta		
Project Coordinator /Contact Person	Lion Sanuri Gurusinghe		773320134

COSTING FOR MOBILE UNITS

DENTAL			
	Qty	Amount (Rs)	Total
Dental Doctor	= 15	10,000.00	10,000.00
Helper	= 15	3,000.00	3,000.00
Driver	= 15	2,500.00	2,500.00
			15,500.00
Cost per KM (Diesel Cost)-One-Way	=	50	
Kaduvela- Kottikawatta (Km)	= 10	500.00	1,000.00
Total Cost for Dental Mobile	=		16,500.00

VISION			
	Qty	Amount (Rs)	Total
Reading Spectacles (Minimum)	= 200	200.00	40,000.00
Optician	= 15	5,000.00	5,000.00
Driver	= 15	2,500.00	2,500.00
			47,500.00
Cost per KM (Diesel Cost)-One-Way	=	50	
Kaduvela- Kottikawatta (Km)	= 10	500.00	1,000.00
Total Cost for Vision Mobile	=		48,500.00

Grand Total for Both Mobile Units	65,000.00
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INVOICE

ST Foods Distributors (Pvt) Ltd
1006, Samanapalawatta Rd, Gotthefuwa New Town,
Tel: 0112410883 / 0773-832077
(Authorized Distributor)

72030

Cus Name: Gotthefuwa Date: 03/02/2025

Address: 107223401 Tel: 0112410883

Product Name	Unit Price	Unit Cases	Amount
Kotmale Choc - 180 ml	1136		
UNT Flavoured Milk Vanilla - 170 ml	1148		
UNT Flavoured Milk Chocolate - 170 ml	1148		
UNT Flavoured Milk Strawberry - 170 ml	1148		
Kotmale Yoghurt - Regular - 80 ml	1136		
Kotmale Yoghurt - BB12 - 80 ml	1136		
Kotmale Vanilla Shake - 180 ml	1136		
Kotmale Chocolate Shake - 180 ml	1136		
Cheese Wafles 120g	1124		
Drinking Yoghurt - Mango - 180 ml	1124		
Drinking Yoghurt - Woodapple - 180 ml	1124		
Drinking Yoghurt - Vanilla - 180ml	1124		
Drinking Yoghurt - Strawberry - 180 ml	1124		
Fresh Milk - 200 ml	1136		
Flavoured Milk - Vanilla - 1l	1112		
Flavoured Milk - Chocolate - 1l	1112		
Fresh Milk - Full Cream - 1l	1112		
Fresh Milk - Non Fat - 1l	1112		
Fresh Milk - Low Fat - 1l	1112		
Kotmale Curt 450gm	1112		
Kotmale Curt 900gm	1112		
Total			54750.00

Notes: (FC) IC CASH/CR/CHQ No.

INVOICE

ST Foods Distributors (Pvt) Ltd
1006, Samanapalawatta Rd, Gotthefuwa New Town,
Tel: 0112410883 / 0773-832077
(Authorized Distributor)

72031

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Kotmale Curt 900gm	1112		
Total			54750.00

Notes: (FC) IC CASH/CR/CHQ No.



CHATHUMA CREATIONS

Business Number 0778 391060
333/M2 Avissawella Road
Korikawatta
Muleniya New Town
0779 628860
chathumacreatiions@gmail.com

RECEIPT

2456

DATE

Feb 3, 2025

DUE

On Receipt

BALANCE DUE

LKR Rs169,000.00

BILL TO

Buddhini Perera

☎ 718478849

☎ 718478849

b.perera632@gmail.com

DESCRIPTION	RATE	QTY	AMOUNT
Banner Design Cost	Rs3,000.00	1	Rs3,000.00
5ft x 3ft Flex with Side Pockets	Rs27,500.00	2	Rs55,000.00
Token Design 3 Design	Rs1,000.00	3	Rs3,000.00
Token Printouts	Rs100.00	20	Rs2,000.00
Leaflet Design 1 - A4 2 Side	Rs3,000.00	2	Rs6,000.00
Leaflet Printout x Both Side	Rs220.00	400	Rs88,000.00
Canopy Tent 10 x 15 (1 day rental) Return 5 Feb 2025	Rs6,000.00	2	Rs12,000.00
TOTAL			Rs169,000.00
BALANCE DUE			LKR Rs169,000.00



Tasty Caters

INVOICE

No. 88, 8th Road, Colombo 05
☎ 94 11 944 722 ☎ 94 11 944 721
tastycaters@gmail.com

Invoice to:

Buddhini Perera

☎ 94-78 478849

b.perera632@gmail.com

432, Mutumugoda Rd, Thalangama North,
Battaramulla

Invoice no.

000000-12345

Invoice date

February 01, 2025

Description	Qty	Price	Total
Mix Rice with Onion Sambol	70	Rs. 220	Rs. 15,400
Burger Cake 2kg	1	Rs. 2,850	Rs. 2,850
Banana Pig	1	Rs. 1,500	Rs. 1,500
Egg Sandwich	70	Rs. 420	Rs. 29,400
Paper Plates	30	Rs. 100	Rs. 300
Paper Tissues x 100 Sheets	1	Rs. 150	Rs. 150
Lunch Pockets (Non-Veg)	70	Rs. 650	Rs. 45,500

Sub-total : Rs. 120,750

Payment Method

Delivery Charges : Rs. 880

Bank Name : Sampath Bank
Account No : 100-45239932-886

Total : Rs. 121,630

Terms and Conditions

Please send payment within 3 days of receiving
this invoice. There will be 5% interest charge
per month on late invoice.

Chandima

Administrator

Photos











