Project Report



Save a Life, Protect Health

Multi Service Project

Lions Club of Gothatuwa DLeoz



Project Report

Project Title - Save a Life, Protect Health – Multi Service Project

Date of the Project - 04 February 2025

Project Chairperson - Lion Buddhini Perera MJF

Project Type - Multi-Service Project

Value of the Project - Rs. 500,130 /-

No. of Beneficiaries – Direct – 500

Indirect - 1000

Project Description

Health is Wealth. This is a very important lesson we learned in our studies since young age. So as Lions, we were in need to do a project which could benefit the society and it's people. The Club President volunteered for to take the initiative and be the project chairman, as she had always dreamt of doing such service. With the District Governors signature project, 'Sinha Saviya' it became easy for the Club to organize the Dental and Eye check-up using the Mobile Units.

This project aims to improve public health and access to essential medical services across Sri Lanka through the establishment of Blood Donation Drives, Eye Clinics, and Dental Clinics. Focused on underserved communities, the initiative provides critical support to the national healthcare system and raises awareness about preventive care.

The Blood Donation Program supports hospitals and emergency services. The Eye Clinic offers free vision screening, eye testing, and the distribution of spectacles—especially for school children, elderly citizens, and low-income families. The Dental Clinic provides free oral health screenings, basic treatments, and hygiene education to reduce the prevalence of dental diseases.

By combining these three healthcare services into one community-centered initiative, we organized an diabetes awareness campaign to the participants. The project ensures a holistic approach to health and well-being, targeting early detection, prevention, and public awareness. It also promotes volunteerism, community participation, and long-term health sustainability for the youth and also for the elderly population in Sri Lanka.

To gather more crowd to this cause, Lions of DLeoz welcomed the Kohilawaththa Welfare Society members. This led to a more widened, well organized and super effective project.

This project was broadcasted through prominent Media channels in Sri Lanka and advertised through social media. We managed to use Banners in the main streets to increase awareness.

Phase 1 (Vision Screening and Low-Vision Rehabilitation through Mobile Unit) -:

We used the Mobile Units of the District to evaluate the Eye sight of more than 200 participants and distributed spectacles after a diagnosis of the relevant doctors. The underprivileged people who were not able to afford to buy spectacles were happy to receive free Spectacles after a free intensive modernized clinical screening.

Phase 2 (Dental Care through Mobile Unit) -:

Many people do not pay attention to their Dental care. Specially the underprivileged families. Even there are free Dental Clinics and hospitals run by the government, most of the population hesitate to visit due to the long ques. Using our Mobile Units of the District, we took the Dental Care Clinic to the people where they had the chance to get a free check-up without hazzle. The professional doctors and the crew took a major care of the people of the area.

Phase 3 (Blood Donation Campaign) -:

With the help of the Kohilawaththa Welfare Society, we invited the Sri Jayawardhanapura hospital Blood Unit to join with us in the Blood Donation Campaign. Accepting our invitation, Doctors, Nurses and other helpers came to Kohilawaththa Temple with their equipment. Special Thanks to the Hospital crew who took utter good care of the donors. By the end of the campaign the doctors mentioned to the Lions of DLeoz, that they were able to collect more than 140+ units of Blood and it's the most they had collected in a single campaign.

As the international standard of one unit of blood could save 3 lives, we as Lions are more than proud hope that more than 400 lives could be saved because of this valuable project.

Phase 4 (Any other hunger relief related project) -:

In correspondence to the Blood Donation Campaign, we organized a meal distribution to the donors. Distributed a Vege Sandwich, Cutlet, Piece of Cake, Banana & Milk Packet to each donor. Addition to that a 1 Liter of Fresh Milk Packet was distributed among them. Another table of Milk Rice, Cake, Sandwich & Banana was prepared for the invitees, doctors, nurses, helpers and etc.

Phase 5 (Any other Diabetes prevention related project) -:

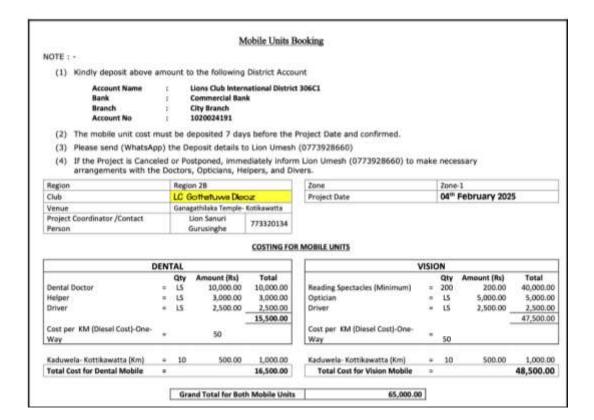
At the organizing stage of the project, we expected that the majority of the people who would be coming to our medical campaign would be elderly community (35+ years old). So, we executed a Diabetes awareness campaign to educate the crowd. Distributed a leaflet with the diagnosis and prevention steps.

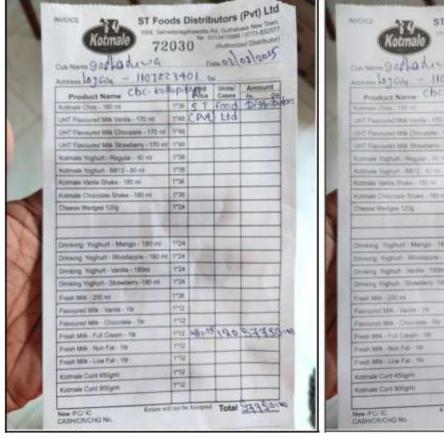
Phase 6 (Educating Parents of School Children about child Cancer, Symptoms and how to cure) -:

Lions Club of Gothathuwa DLeoz organized and executed a Child Cancer awareness program for the people who came for the campaign. We noticed the most of the crowd is parents with children of school age, so it was a perfect time to execute such awareness. We distributed leaflets containing key details about Child Cancer.

Cost of the Project

Description		2025
		February
Income		
Lion Buddhini Perera MJF		483,805.00
Lion Kanchuka Punarjith MAF		15,325.00
Lion Osala Vishwajith		1,000.00
Total Income		500,130.00
Expenses		
Mobile Units Booking – L/C International 306 C 1		65,000
Total Cost for Dental Mobile Unit	16,500	
Total Cost for Vision Mobile Unit	48,500	
ST Food Distributors – Fresh Milk Full Cream 1 Liter	,	115,500
ST Food – Invoice 72030	57,750	,
ST Food – Invoice 72031	57,750	
Tasty Caters – Food & Drinks	, , , , ,	121,630
Milk Rice with Onion Sambol	15,400	,
Butter Cake 2 kg	2,850	
Banana 1 kg	1,500	
Egg Sandwich	29,400	
Paper Plates	300	
Tissues packets	150	
Lunch Packets	45,500	
Delivery Cost	880	
Chathuma Creations – Design and Printouts		169,900
Banner Design Cost	3,000	
5ft x 3 ft Flex with Side Pockets	55,000	
Token Design Cost (3 styles)	3,000	
Token Printouts	2,000	
Diabetics A4 leaflet	3,000	
Vision A4 Leaflet	3,000	
A4 Leaflet printouts x 2 sides	88,000	
Canopy Tent	12,000	
Total Indirect Expences		29,000
Good will Gesture – Dental mobile Unit	14,500	23,000
Good will Gesture – Vision mobile Unit	14,500	
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Total Expenses		500,130.00
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CHATHUMA CREATIONS

Business Number 0778-391060 333/A/2 Avasseelis Road Kurikovatta Mullenyaws New Town 0779-626860 chartumacreationeligmal.com HECESPT 2456 DATE Feb 3, 2025

DUE On Receipt

BALANCE DUE LKR R:169,000.00

Re169,000.00

BILL TO

Buddhini Perera

S-718478849

U 718478849

b-perera632@gmail.com

DESCRIPTION	RATE	QTY	AMOUNT
Banner Design Cost	#s3,000.00	1	Rs3,000.00
lift x 3ft Flex with Side Pockets.	Rv27,500.00	2	N-55,000.00
Token Design 3 Design	#s1,000.00	3	Rs3,000.00
Token Printoute	Re100.00	20	Nx2,000.00
Leaflet Design 1 - A& 2 Side	W3,000.00	2	Ru6,000.00
wallet Printout x Both Side	Ph/220,00	400	968,000.00
Canopy Tent 10 x 15 (1 day rental)	We,000.00	2	Ph12,000.00

TOTAL

101200000

BALANCE DUE LKR Rs169,000.00



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INVOICE

Invasion to

Buddhini Perera

+54-78 47643 Epirentitz@gredicom 832 Muturtugodo Rd Tratingama North. Bottomrudia (mysee no. coocc-2234%

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Description	Qty	Price	Total	
Milk Rice with Onion Sambol	70	Rt. 220	Rs. (5,400	
Butter Coke 2kg	- 0	Rt. 2,850	Rs. 2,890	
Bonona Ng	100.1	#u 1500	Bs. 1500	
Egg Sondwitch	20	8s. 420	Rt. 29,400	
Paper Plates	30	81,100	Ws. 300	
Poper Tissues s 100 Sheets		Ns. 150	Rs. 150	
tunch Pockets (Non-Yeg)	70	Nr. 650	Bs. 45.500	

Fayment Method

Book Norve : Sompoth Bonk Account No : 100-45039900-886 Sub-total : Rs. 120.750 Delivery Chargers : Rs. 880

Total : Rs. 121,630

Terms, and Conditions

Please send payment within 3 days of receiving this trippic. There will be \$150 treasest charge per month on the process.

Chandima

Allermone

Photos





























































