**Project Report: Food Donation for Children Observing Sil**

**Project Title:**  
Food Donation for Children Observing Sil

**Project Chairman:**  
Lion Suranga Sumanathissa

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| **Benefiting community** | The beneficiaries of this project were children from the Avissawella community who participated in the religious practice of observing Sil on the 15th of July, 2024. These children, dedicated to their spiritual practice, required support during this period as they refrained from engaging in regular activities, including eating at prescribed times. |
| **Identify community need** | Observing Sil, a common Buddhist practice, involves a day of meditation, fasting, and ethical conduct. Children who observe Sil often need nutritious meals to maintain their energy levels during this spiritually significant day. However, many families in the Avissawella community struggle to provide such meals due to financial constraints. Therefore, the need to support these children by providing meals was identified as a crucial community requirement. |
| **Service opportunity** | The Lions Club of Avissawella New Century recognized this opportunity to contribute to the spiritual and physical well-being of the children by providing nutritious meals on the day they observed Sil. This act of service aligned with the Lions Club’s commitment to supporting local communities and fostering religious and cultural values. |
| **Mode of data collection** | Data collection was conducted through several methods:  - Surveys: Short surveys were distributed to local temples and schools to identify the number of children observing Sil and their specific needs.  - Interviews: Discussions were held with temple authorities, community leaders, and parents to gather insights into the community’s requirements and expectations.  - Observation: Members of the Lions Club visited temples and observed the practices and routines of the children during Sil to better understand their needs... |

**Project Need Assignment**

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| **Final day of the project** | 15.07.2024 |
| **Venue & Time** | Yogama Kanishta Vidyalaya  10.30 a.m. |
| **Chief Guest** | - |
| **Other Guest** | - |
| **Participations** | Lions-10 |
| **Number of Beneficiaries** | 200 |
| **Service Hours** | 2 h |
| **Mode of Funds Raised (Sponsorships,Donations with company names. If Lions donate mention donations from Lions)** | Donation from Lion Suranga Sumanathissa |
| **Project Objectives** | 1. Provide Nutritious Meals: Ensure that all children observing Sil on the 15th of July, 2024, receive nutritious meals to support their fasting and meditation practices.  2. Promote Religious and Cultural Practices: Encourage the continuation of traditional practices by supporting the younger generation in observing Sil.  3. Engage the Community: Foster a sense of togetherness and community spirit by involving local families, temples, and volunteers in the project.  4. Raise Awareness: Highlight the importance of supporting religious and cultural events within the community and encourage further participation in similar initiatives. |
| **Project Description** | On the 15th of July 2024, the Lions Club of Avissawella New Century, under the leadership of Project Chairman Lion Suranga Sumanathissa, organized a food donation drive for children observing Sil. The event was held at local temples in Avissawella, where the children had gathered for their religious practices.  The project team worked closely with temple authorities to coordinate the distribution of meals at appropriate times, ensuring that all children received the necessary nutrition. The meals consisted of rice, vegetables, fruits, and other wholesome food items that complied with the dietary restrictions of the children.  In addition to providing meals, the Lions Club members also participated in the religious activities, offering moral support and encouragement to the children. The event was well-received by the community, with many parents and temple authorities expressing their gratitude for the Lions Club’s efforts.  Through this project, the Lions Club of Avissawella New Century not only addressed an immediate community need but also reinforced the importance of preserving cultural and religious practices. The success of this initiative has paved the way for similar projects in the future, further strengthening the bond between the Lions Club and the Avissawella community.recognizing the Lions Club's contribution to the preservation of an important cultural heritage site. |